

POLICIES AND PROCEDURES

POLICY: 554.23

TITLE: Tension Pneumothorax

EFFECTIVE: 07/01/2024 REVIEW: 07/2027

SUPERCEDES:

APPROVAL SIGNATURES ON FILE IN EMS OFFICE

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TENSION PNEUMOTHORAX

I. AUTHORITY

Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9

II PURPOSE

To serve as a patient treatment standard for EMRs, EMTs, and Paramedics within their scope of practice.

III. PROTOCOL

Physical signs may include: decreased breath sounds, increased resonance on the side of collapsed lung, tracheal deviation, asymmetrical chest motion and crepitus.

Provider Key: F = First Responder/EMR E = EMT O = EMT Local Optional SOP
P = Paramedic D = Base Hospital Physician Order Required

F E 0 Ρ D **ASSESSMENT** Χ Χ Χ Χ BLS AIRWAY: okay if airway patent. Support ventilations with appropriate Χ Χ Χ Χ airway adjuncts. Ventilate with 100% oxygen. PULSE OXIMETRY: apply and monitor. X X Χ **CAPNOGRAPHY:** apply and monitor. Χ **OXYGEN**: if pulse oximetry < 94% or signs of respiratory distress or Χ Χ Χ Χ hypoperfusion. Χ **ECG MONITOR:** lead placement may be delegated. Treat as indicated. **NEEDLE THORACOSTOMY**: on affected side(s) between 2nd & 3rd intercostal space midclavicular line. OR between 4th & 5th intercostal space midaxillary line. Place catheter just above the rib to avoid the intercostal Χ artery. Place approved chest seal over or one-way valve on the catheter. Repeat if suspected catheter occlusion. **ADVANCED AIRWAY:** if GCS is < 8 and not rapidly improving, consider: SGA Χ Χ or ETI Χ VASCULAR ACCESS: IV/IO, rate as indicated. Χ **ASSESSMENT:** continue to monitor for signs of recurrence of tension Χ Χ Χ Χ pneumothorax.