

MOUNTAIN-VALLEY EMS AGENCY
POLICIES AND PROCEDURES

POLICY: 554.71
TITLE: Childbirth (Adult)

APPROVED: Signature On File In EMS Office
Executive Director

EFFECTIVE DATE 7/01/2011

Signature On File In EMS Office
Medical Director

REVISED: _____
REVIEW DATE: 7/01/2016
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CHILDBIRTH

I. AUTHORITY: Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9

II. DEFINITIONS: Designated Hospital may include any of the following facilities:

- Sutter-Roseville Medical Center, Roseville
- U.C. Davis Medical Center, Davis
- Madera Children's, Madera
- Regional Medical Center, Fresno
- San Joaquin General, Stockton
- Washoe Medical Center, Reno NV
- Doctors Medical Center, Modesto*
- Memorial Medical Center, Modesto*

*These facilities are considered equidistant for purposes of determining closest facility located in Modesto.

III. PURPOSE: To serve as a patient treatment standard for EMT-1s and Paramedics within their scope of practice.

IV. PROTOCOL:

STANDING ORDERS	
ALL DELIVERIES	
ASSESS	CAB
OXYGEN	Oxygen delivery as appropriate.
MONITOR	Treat rhythm as appropriate
ROUTINE DELIVERY	
TRANSPORT	Transport with mother placed on left side.
DELIVER NEWBORN	As head is delivered clear airway if needed ,. Use hand on head to prevent explosive delivery. If cord is wrapped around neck and cannot be slipped over the newborn's head, double clamp and cut between clamps. Complete delivery of newborn's body. Dry newborn and keep warm. Place newborn on mother's abdomen or breast. Double clamp and cut cord between clamps 6 – 8 inches from newborn.
ASSESS NEWBORN	Refer to Newborn Resuscitation Policy 555.10
FOLLOWING DELIVERY OF PLACENTA	Massage Fundus
BREECH PRESENTATION	
TRANSPORT	Code 3 while maintaining airway for newborn to a Designated Hospital.
CONSULT BASE PHYSICIAN	
DELIVER NEWBORN	For a buttocks presentation, allow newborn to deliver to waist. Support the limbs and torso. Use hand on torso to prevent explosive delivery. When legs and buttocks are delivered, the head can be assisted out. If the head does not deliver rapidly, insert gloved hand into vagina, palm towards baby's face and cord between fingers to create an airway.

STANDING ORDERS CONTINUED	
PROLAPSED CORD	
TRANSPORT	Code 3 to a Designated Hospital.
POSITION	Place the mother supine in knee-chest position, face down.
PROTECT CORD	Insert gloved hand into vagina and gently push the presenting part off the cord. Cover exposed portion of cord with saline-soaked gauze. Do not attempt to push cord back into vagina.